

# MARCH 2024

# CINCO CHRISTIAN SCHOOL

## LUNCH



## Happy Spring!



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



#### Tijuana Flats

Chicken Burrito  
W/Refried Beans,  
Rice & Cheese  
Chips  
Fruit & Dessert

4

#### Julie's Southern Joy

Chicken Tenders  
Mashed Potatoes w/  
Gravy  
Corn

5

#### Firehouse Subs

Ham & Cheese Sub  
Chips  
Fruit  
Cookie

6

#### Chick-Fil-A

Chick-Fil-A  
Sandwich  
Chips  
Fresh Fruit  
Dessert

7

#### Fire Thai Fusion

Cheese or Pepperoni  
Pizza  
Salad  
Fruit  
Dessert

1

#### Zaxby's

Chicken Tenders  
Chips  
Fruit  
Dessert

11

#### Fazoli's

Spaghetti with Meat  
Sauce  
Salad  
Breadsticks

12

#### Bamboo

Grilled Chicken w/  
Teriyaki Sauce  
Fried Rice, Veggies &  
Spring Roll

13

#### Buffalo Wings & Rings

Hamburger Slider  
Potato Wedges  
Fruit  
Cookie

14

#### Fire Thai Fusion

Cheese or Pepperoni  
Pizza  
Salad  
Fruit  
Dessert

15

SPRING BREAK

18

SPRING BREAK

19

SPRING BREAK

20

SPRING BREAK

21

SPRING BREAK

22

Teacher Work Day  
No School or Child  
Care

25

#### Fazoli's

Fettuccini with  
Alfredo Sauce  
Breadsticks  
Dessert

26

#### Bamboo

Grilled Chicken w/  
Teriyaki Sauce  
Fried Rice, Veggies &  
Spring Roll

27

#### Buffalo Wings & Rings

Hamburger Slider  
Potato Wedges  
Fruit  
Cookie

28

GOOD FRIDAY  
No School or Child  
Care

29