



Happy New Year



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

Christmas Break

2

TUESDAY

Christmas Break

3

WEDNESDAY

Christmas Break

4

THURSDAY

Christmas Break

5

FRIDAY

Christmas Break

6

Tijuana Flats

Soft Beef Taco
Chips
Fruit
Dessert

9

Julie's Southern Joy

Chicken Tenders
Mashed Potatoes w/ Gravy
Corn

10

Buffalo Wings & Rings

Cheeseburger Slider
Potato Wedges
Fruit
Cookie

11

Chick-Fil-A

Chick-Fil-A Sandwich
Chips
Fresh Fruit
Dessert

12

Papa John's Pizza

Cheese or Pepperoni Pizza
Salad
Fruit
Dessert

13

Martin Luther King Jr

Holiday
No School

16

380 Peruvian Bistro

Stir-Fry Chicken & fries
White Rice
Real Banana Chips
Ketchup & Homemade Mayo

17

Firehouse Subs

Ham & Cheese Sub
Chips
Fruit
Cookie

18

Sax Grille

1/2 Large Hamburger
Chips
Fruit
Cookie

19

Papa John's Pizza

Cheese or Pepperoni Pizza
Salad
Fruit
Dessert

20

Tijuana Flats

Chicken Burrito
W/Refried Beans, Rice &
Cheese
Chips
Fruit & Dessert

23

Julie's Southern Joy

Spaghetti w/ Meat Sauce
Green Beans
Brownie

24

Buffalo Wings & Rings

Cheeseburger Slider
Potato Wedges
Fruit
Cookie

25

Chick-Fil-A

Chick-Fil-A Sandwich
Chips
Fresh Fruit
Dessert

26

Papa John's Pizza

Cheese or Pepperoni Pizza
Salad
Fruit
Dessert

27

Zaxby's

Chicken Tenders
Chips
Fruit
Dessert

30

380 Peruvian Bistro

Sliced Sausage link
w/fries
White Rice
Real Banana Chips
Ketchup & Homemade Mayo

31

